

GUAM BEHAVIORAL HEALTH AND WELLNESS CENTER		
TITLE: Prevention and Training (PT) Branch Program Description and Scope of Services	POLICY NO: CL-PT-01	Page 1 of 6
RESPONSIBILITY: PEACE Prevention and Training Branch		
APPROVED BY:  1/27/23 THERESA C. ARRIOLA, DIRECTOR	DATE OF ORIGINAL APPROVAL: 2/22/2016	
	LAST REVIEWED/REVISED:	

PURPOSE:

To provide an overview of the Prevention and Training (PT) Branch's program description and scope of services, that will guide staff in the delivery of such services at the Guam Behavioral Health and Wellness Center (GBHWC). This policy will meet the Commission on Accreditation of Rehabilitation Facilities (CARF) standards section 2A.1, 2A.3 and 2A.9.

POLICY:

- A. The Prevention and Training Branch of the Guam Behavioral Health and Wellness Center shall establish and implement culturally appropriate and sustainable prevention and early intervention policies, programs, and practices that are responsive to the needs of the people of Guam and that are proven to effect positive behavioral health changes.
- B. It shall provide technical assistance, training and resources to community-based organizations, program managers, policy makers and coalition leaders in the public and private sectors. Services focus on mental health promotion and substance use prevention, which may include but are not limited to:
 1. Education and training on prioritized topics as documented by the State Epidemiological Outcomes Workgroup and endorsed by the Governor's Prevention and Training Advisory Council. These may include alcohol, tobacco, electronic nicotine delivery systems, marijuana and other illicit drugs.
 2. Access to evidence-based trainings and best practice workshops on suicide prevention, assessment, early intervention and postvention; also stress management and practicing positive coping skills
 3. Trainings on prevention leadership skills development, towards certification as Prevention Specialist by the Pacific Behavioral Health Collaborating Council (PBHCC) and the International Certification and Reciprocity Consortium (IC&RC).
 4. Training and technical assistance for community-based prevention specialists, building towards the development and maintenance of community-led prevention initiatives.
 5. Community outreach and prevention education offered in the general public, including those offered through collaborative private and public partnerships.
- C. The Prevention and Training Branch is under the Clinical Services Division.
 1. Services will be provided within GBHWC main facility or in community settings reviewed and approved by the GBHWC Director.
 2. Services will be provided within usual government work hours (Monday – Friday 8:00 – 5:00 pm excluding government of Guam holidays), with exception of community-led events that are with prior approval of GBHWC Director.
- D. The Prevention and Training Branch is funded through blended GBHWC funds as determined by the Healthy Future Funds, legislative appropriations, federal grants and/or

cooperative agreements. Services are free to the public, but is also subject to review for inclusion on GBHWC's fee schedule.

PROGRAM PHILOSOPHY GOALS AND OBJECTIVE

Prevention and Training's vision is an island community where prevention is a priority; where there is island-wide support for prevention; where it is normal and natural for people who need help to seek help, and people who can help are willing to give help; where there is no gap between prevention and treatment; where prevention services are fully guided by cultural values; where everyone has access to behavioral health services and care.

Prevention and Training's mission is to engage and empower the community so that prevention is elevated to a priority while promoting evidence-informed interventions to prevent and reduce tobacco, alcohol, other drug use and suicides, and to enhance mental wellness.

DESCRIPTION AND SCOPE OF SERVICES

The Prevention and Training branch provides training and educational resources to members of Guam's communities; as well as technical assistance and subgrant opportunities to local non-profit or private organizations. These services are offered in an effort to strengthen leadership and successes in the development, implementation and evaluation of data-driven prevention policies, programs, and practices that are culturally appropriate to address the needs of Guam's residents.

Guam's State Epidemiological Outcomes Workgroup (SEOW) is supported by the Prevention and Training branch. The SEOW produces the Annual Epidemiological Profile on Substance Use and Mental Health that documents and describes the data trends on adult and youth consumption of substances, and reported consequential behaviors such as suicide, crimes and problematic behavior in the schools and community settings. The Prevention and Training branch, along with other government, private and non-profit organizations, utilize this annual Epi Profile to make budgetary and programmatic decisions that are data-informed and community-driven.

Evidence-based trainings, best-practice workshops and direct services in the prevention of substance use/misuse, tobacco cessation, suicide prevention and mental health promotion are offered year-round by staff and community partners who were certified through the Prevention and Training branch. Evidence-based trainings come with a certification of completion authorized by the developer of the curriculum, while Best-practice workshops are presentations that are based on research and best practices in the field of substance use prevention and mental health promotion, using relevant and reliable content from sources such as peer-reviewed articles and white paper, and reports and educational materials endorsed by the U.S. Health and Human Services (US HHS) and Substance Abuse and Mental Health Services Administration (SAMHSA).

Type	Name	Description
Best-practice workshop	Raw Coping Power	(Up to) 3-hour stress management workshop on the signs of not coping well from stress, healthy alternatives for dealing with stress, and skills to thrive from stress; adapted from the Team Awareness training developed by the

		Organizational Wellness and Learning Systems
Best-practice workshop	Suicide prevention skills and resources	In-person presentation on suicide data, coping skills and community resources that can be tailored based on target audience and time allowed
Best-practice workshop	Substance misuse	In-person presentation on youth and adult substance use data and relevant social determinants that can be tailored based on target audience and time allowed
Evidence-based training	Bullying and Violence Prevention Training	Outreach presentations and training to reduce and prevent bullying, cyber bullying, sexting, mistreatment, and violence in schools and communities. Training is designed for youth and families (adults) to improve peer relations and promote safer, positive school and work environments. Training can be tailor-fit to target audiences
Evidence-based training	Ethics in Prevention	10-hour course on ethical decision-making tools and processes developed and adapted for the Pacific region by the University of Nevada, Reno Center for the Application of Substance Abuse Technologies (i.e. Prevention Technology Transfer Center, Region IX)
Evidence-based training	Introduction to SAMHSA's Strategic Prevention Framework	Access to a 4-hour, self-paced course on the Strategic Prevention Framework – SAMHSA's five-step, data driven planning process that is foundation to prevention specialist certification and in developing prevention initiatives supported by the Prevention and Training branch; offered through the Education Development Center
Evidence-based training	Introduction to Substance Abuse Prevention: Understanding the Basics (Pre-SAPST course)	Access to a 5-hour, self-paced foundational course on the history of prevention, key concepts and definitions, specific drug effects including the impact of substance and addition on the brain; offered through the Pacific Prevention Technology Transfer Center, Region IX
Evidence-based training	Substance Abuse Prevention Skills Training (SAPST)	32-hour course on the application of the Strategic Prevention Framework in community-driven prevention initiatives developed and adapted for the Pacific

		region by the University of Nevada, Reno Center for the Application of Substance Abuse Technologies (i.e., Prevention Technology Transfer Center, Region IX)
Evidence-based training	START	90-minute online training that teaches trainees to recognize when someone is thinking about suicide and connect them to help and support; as created by LivingWorks Education
Evidence-based training	safeTALK	4-hour face-to-face workshop that teaches how to prevent suicide by recognizing signs, engaging someone, and connecting them to an intervention resource for further support; as created by LivingWorks Education
Evidence-based training	Applied Suicide Intervention Skills Training (ASIST)	2-day face-to-face workshop that teaches how to prevent suicide by recognizing the signs, providing a skilled intervention, and developing a safety plan to keep someone alive; as created by LivingWorks Education
Evidence-based training	Adult Mental Health First Aid	8-hour course that teaches adults how to recognize signs and symptoms of a potential mental health or substance use challenge in other adults, respond appropriately by listening and giving reassurance, and refer a person to appropriate professional support and services; as created by the National Council of Mental Wellbeing
Evidence-based training	Youth Mental Health First Aid	8-hour course that teaches adults how to identify, understand, and respond to signs of mental health and substance use challenges among adolescents ages 12-18; as created by the National Council of Mental Wellbeing
Evidence-based training	Teen Mental Health First Aid	Six 45-minutes classroom sessions that teaches teens grades 10 to 12 the skills to have supportive conversations with their friends experiencing mental health and substance use challenges and to refer to a trusted adult to take over as necessary as created by the National Council of Mental Wellbeing.
Evidence-based training	Brief Tobacco Intervention Skills	7-hour course on understanding the basics of nicotine cessation and

	Training	applying the toolkit on delivering brief intervention with someone ready to quit the use of nicotine products; adapted as a Guam edition of the Brief Tobacco Intervention Skills Certification program developed by the University of Arizona College of Public Health
Evidence-based training	Screening, Brief Intervention and Referral to Services (SBIRT)	8-hour course on methodological universal screening and referral process that utilizes evidence-based tools and motivational interviewing to assess and bridge individuals who display risks for substance misuse to necessary care; as trained by the University of California, Los Angeles Integrated Substance Abuse Programs (Addiction Transfer Technology Center, Region IX)
Evidence-based training	Connect	8-hour course on suicide prevention across the lifespans for professionals and laypersons. Connect examines suicide prevention in the context of the individual, family, tribe, community and society.
Direct Services	Tobacco and Nicotine Cessation	Individual or group sessions on tobacco or nicotine cessation in both clinic and community settings, to include assessment, counseling, motivational interviewing, diversity & disparities consideration, treatment planning, pharmacotherapy & relapse prevention; facilitators are certified in the Certified Tobacco Treatment Training Program (CTTTP) by University of Texas MD Anderson Cancer Center and accredited by the Council for Tobacco Treatment Training Programs
Direct Services	Livingworks Trainer Consulting/Coaching	One-on-one coaching session available for certified trainers of Livingworks ASIST and safeTALK, particularly those who are on provision status

STAFFING & CREDENTIALS:

The program capacity is driven by the number of staff that are available and appropriate to provide services. Programs and services are scheduled periodically based on staff and resources available; accommodations of special requests may be granted depending on resource availability and the curriculum or service to be provided.

Staff undergo continuous capacity building opportunities. Quality of services offered are maintained by sustaining appropriate training certification within the staff and its partner communities, workforce development specific to prevention leadership and continuous evaluation of outcomes and deliverables. Essentially, staff also work and build up a portfolio towards the attainment of PBHCC and IC&RC Certification as Prevention Specialist.

RELATED POLICY (IES):

SUPERSEDES: Title; Policy No.; Effective Date/signature date; Approving individual's name



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REVIEW AND ENDORSEMENT CERTIFICATION

The signatories on this document acknowledge that they have reviewed and approved the following:

Policy Title: Prevention & Training (PT) Branch Program Description and Scope of Services

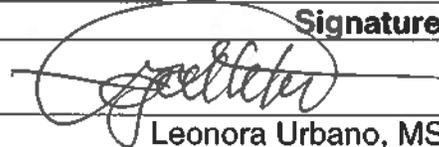
Policy No.: CL-PT-01

Initiated by: Prevention & Training Branch

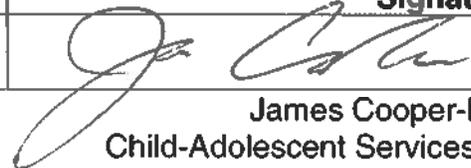
Date	Signature
11/15/2022	

Sara Harrell, M.S.

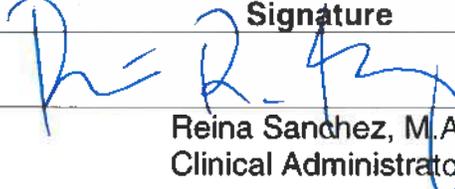
Acting Supervisor, Prevention and Training Branch
Project Director, Guam's Partnerships for Success Program

Date	Signature
11/16/2022	

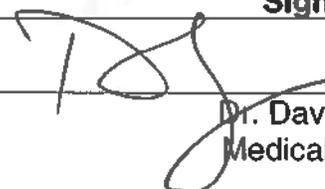
Leonora Urbano, MSN, RN-BC
Nursing Services Administrator

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James Cooper-Nurse, Ph.D.
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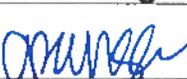
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